



P  
E  
S  
K  
I  
L  
L  
S

B  
A  
L  
L  
O  
O  
N  
S  
E  
L  
F  
T  
A  
P

1



TAP UP IN AIR  
USE FINGER TIPS

30  
Times

2



TAP UP IN AIR  
1 HAND TO  
THE OTHER

30  
Times

3



LET BALLOON  
FLOAT LOW  
TAP UP FROM  
LOW POINT

20  
Times

4



JUMP UP HIGH  
TAP BALLOON  
UP IN THE AIR

20  
Times

5



VOLLEY BALLOON  
USE BUMPS  
AND SETS

30  
Times

6



HOLD BALLOON  
PULL STEM DOWN  
JUMP UP  
AND CATCH

15  
Times

SUPER CHALLENGES

DAB

