

# TAPE LINE CHALLENGES

WHAT YOU NEED: 6 LINES OF TAPE.

(ASK YOUR MOM OR DAD.  
PAINTERS TAPE OR MASKING TAPE OR  
CLEAR TAPE STRIPS OF PAPER ON THE  
FLOOR)

How far  
can you jump?



## JUMP

Forward

Backward

One foot



## HOP



Two feet

How  
far can you  
stretch?



How many  
lines long are you?  
Stretch yourself!

