

- 1991 U.S. Gymnastics Championships, Cincinnati, Ohio; 9th-AA, T1st-FX
- 1991 U.S. Classic, Huntington Beach, Calif.; 6th-AA
- 1990 American Classic, Tempe, Ariz.; 6th-AA, 2nd-FX
- 1990 U.S. Gymnastics Championships, Denver, Colo.; 3rd-AA (junior division)
- 1989 American Classic, Dallas, Texas; 4th-AA & FX, 3rd-V & BB, 8th-UB
- 1989 U.S. Olympic Festival, Oklahoma City, Okla.; 12th-AA (Junior National Championships)
- 1989 American Classic, Oakland, Calif.; 4th-AA, 2nd-V, 3rd-UB, 6th-FX, 9th-BB (junior division)
- 1988 U.S. Gymnastics Championships, Houston, Texas; T17th-AA (junior division)

From Olympic Gold Medalist to President-Elect of the Women's Sports Foundation, Dominique Dawes continues on a path to inspire, motivate and lead.

Dawes's start in gymnastics began at the age six and by the age 10, she began to compete. Bursting into the international spotlight at the Olympics in Barcelona, she was the first African American gymnast to ever qualify and compete in an Olympic Games. She and her teammates captured a bronze medal. To date, Dawes has won more National Championship medals than any other athlete, male or female, as well as four World Championship medals, along with the All Around title at the 1994 National Championships.

At the 1996 Olympic Games, Dawes and the US Gymnastics Team stole the hearts of Americans garnering the team gold medal. "Awesome Dawesome" (as she is known by her coach and teammates) became the first African American to win an individual gymnastics medal with her bronze on the floor. Following her triumphs at the Olympics, Dawes appeared on the Wheaties cereal box, performed in Prince's music video, 'Betcha' by Golly Wow, acted on a number of television shows, and appeared on Broadway in Grease.

Honored for her determination and ability, Dawes has received several awards including the Henry P. Iba Citizen Award, presented annually to two outstanding athletes who have demonstrated good citizenship. She was named "Sports Person of the Year" by USA Gymnastics, and was also a finalist for the AAU Sullivan Award, which recognizes the US top amateur athlete.

A renowned public speaker, she focuses on health issues, sports participation, equality for women and African Americans, and self-esteem. For the Boys & Girls Clubs of America, she has focused

on youth and female health issues, as well as female participation in sports. She has spoken at presidential inaugural events, Women's National Sports Day, school graduations, military functions, corporate events, Girls Scouts of America functions, and gymnastics meets. Dawes has worked with the American Heart Association as the spokesperson for the "Choose to Move" program, advancing their goal of informing everyone on how to combat cardiovascular disease. In this capacity, she speaks on issues that pertain to women's health, as well as preventive measures to avoid the number one killer of women: cardiovascular disease.

Committed to helping today's girls realize their full potential, Dawes dedicates much of her time empowering young women. She was national spokesperson for the President Clinton-run "Girl Power" campaign, designed to motivate and educate young girls about their potential in society. She has teamed up with Girl Scouts of the USA and Unilever to launch "Uniquely Me!," The Girl Scout/ Unilever Self-Esteem Program. The goal of this national initiative is to address the effects of low self-esteem among girls ages eight to fourteen, with a specific focus on those in under-represented communities.

Dawes continues to gain experience in the world of broadcasting, including stints as gymnastics commentator for the Goodwill Games in Brisbane, Australia and on TNT. At the NCAA National Gymnastics Championship in Tuscaloosa, AL, she provided on-air reporting with CBS Sports, commentary and analysis at the Big 12 Regionals in Lincoln, Nebraska with *FoxSports Net*.

In 2003, Dawes ventured out into the world of coaching. Through Dominique Dawes, LLC, she offers private lessons to young athletes at Hill's Gymnastics, the gym where she began her career. The private lessons range from strength training, flexibility, gymnastics, to mental toughness training.

Washington, D.C. She also won the 1995 Henry P. Iba Citizen Athlete Award, presented annually to two outstanding athletes who have demonstrated good citizenship. She was named 1994 Sports person of the Year by USA Gymnastics and was a finalist for the 1994 AAU Sullivan Award which recognizes the USA's top amateur athlete. Her coach and teammates call her "Awesome Dawesome."

International Competition

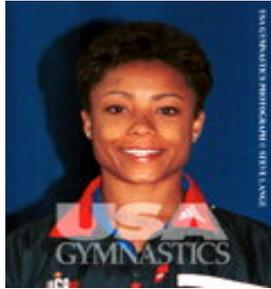
- 2000 Olympic Games, Sydney; 4th-Team
- [1998 Goodwill Games](#), New York, NY; 9th-mixed pairs (with [Chaine Umphey](#))
- 1997 Reese's International Gymnastics Cup, Anaheim, Calif.; 3rd-AA (with [Dominique Moceanu](#))
- [1996 Olympic Games](#), Atlanta, Ga.; 1st-Team, T17th-AA, 3rd-FX, 4th-UB, 6th-V
- [1996 Individual Event World Championships](#), San Juan, PUR; 3rd-BB, 11th-UB
- [1995 Budget Rent a Car Invitational](#), San Jose, Calif.; 1st-Team, 2nd-AA
- [1995 Visa Challenge](#), Fairfax, Va.; 1st-Team, 7th-V, 1st-UB & BB (did not compete all-around)
- 1994 Fukuoka Cup, Fukuoka, JPN; 4th-V, T2nd-UB, T1st-BB, T3rd-FX
- 1994 Chunichi Cup, Nagoya City, JPN; 6th-AA, 4th-V, 1st-UB & BB, T2nd-FX
- [1994 Team World Championships](#), Dortmund, GER; 2nd-Team
- 1994 Hilton Challenge, Phoenix, Ariz.; 1st-Team, 1st-AA
- [1994 World Gymnastics Championships](#), Brisbane, AUS; 5th-AA, 4th-UB, 6th-BB & FX
- 1994 International Mixed Pairs, West Palm Beach, Fla.; 1st-AA (with [John Roethlisberger](#))
- 1994 McDonald's American Cup, Orlando, Fla.; 1st-AA, V, BB & FX
- 1994 Reese's World Gymnastics Cup, Baltimore, Md.; 2nd-AA, UB, BB & FX
- 1993 Hilton Challenge, Los Angeles, Calif.; 1st-Team, 2nd-AA
- 1993 World Gymnastics Championships, Birmingham, GBR; 4th-AA, 2nd-UB & BB
- 1993 Reebok International Mixed Pairs, Atlanta, Ga.; 8th-AA (with Gregg Curtis)
- 1993 McDonald's American Cup, Orlando, Fla.; 7th-AA (preliminaries)
- [1992 Olympic Games](#), Barcelona, ESP; 3rd-Team, 26th-AA (Competition I)
- 1992 World Gymnastics Championships, Paris, FRA; (advanced to semi-finals-16th-V)
- 1992 Dodge Challenge: USA vs. JPN, Phoenix, Ariz.; 1st-AA & Team (10.00-FX)
- 1991 Dutch Open, The Hague, NED; 2nd-AA, 3rd-FX, 4th-V, 6th-UB, 2nd-BB
- 1991 McDonald's International Mixed Pairs, Atlanta, Ga.; 7th-AA (with Daniel Giubellini, SUI)
- 1991 McDonald's American Cup, Orlando, Fla.; 5th-AA (preliminary competition)
- 1990 Trofeu Principe de Asturias, Oviedo, ESP; 10th-AA
- 1989 Konica Grand Prix, Brisbane, AUS; 16th-AA

National Competition

- 2000 Olympic Team Trials, Boston; 7th-AA
- 2000 John Hancock U.S. Gymnastics Championships, St. Louis; 9th-AA
- [1998 American Classic](#), Orlando, Fla.; 8th-AA, T1st-V, 5th-UB, T11th-BB, T17th-FX
- [1996 U.S. Olympic Trials-Gymnastics](#), Boston, Mass.; 1st-AA
- [1996 Coca-Cola National Championships](#), Knoxville, Tenn.; 6th-AA, 1st-V, UB, BB & FX
- 1996 American Classic/World Championships Trials, Tulsa, Okla.; 2nd-AA
- 1995 World Team Trials, Austin, Texas; 5th-AA
- [1995 Coca-Cola National Championships](#), New Orleans, La.; 4th-AA, 1st-UB & FX, 3rd-BB, 4th-V
- 1994 NationsBank World Team Trials, Richmond, Va.; 1st-AA
- 1994 Coca-Cola National Championships, Nashville, Tenn.; 1st-AA, V, UB, BB & FX
- 1994 American Classic/World Championships Trials, Orlando, Fla.; 1st-AA
- 1993 Coca-Cola National Championships, Salt Lake City, Utah; 2nd-AA, 1st-V & BB, 2nd-FX, 3rd-UB
- 1993 U.S. Classic, Austin, Texas; 1st-AA
- 1993 American Classic/World Championships Trials, Murray, Utah; 2nd-AA, UB & FX, 1st-V, 4th-BB
- 1992 U.S. Olympic Trials, Baltimore, Md.; 4th-AA
- 1992 U.S. Gymnastics Championships, Columbus, Ohio; 4th-AA, 1st-UB
- 1991 World Championships Team Trials, Indianapolis, Ind.; 15th-AA (injured-did not finish)

Dominique Dawes

3-TIME OLYMPIAN / OLYMPIC GOLD MEDALIST



2000 Olympian

1996 Olympic Gold and Bronze Medalist (Team & Floor)

1996 Individual Event World Championships Bronze Medalist (Beam) and Finalist (Bars)

1994 Team World Championships Silver Medalist

1994 National Champion (all-around and four events)

1994 World Championships Event Finalist

1993 World Championships Silver Medalist (Bars & Beam)

1992 Olympic Bronze Medalist

1992 National Uneven Bars Champion

1992 World Championships Team Member

Hometown: Silver Spring, Md.

Birth Date/Place: November 20, 1976/Silver Spring, Md.

Club: Hill's Gymnastics

Coach: [Kelli Hill](#)

School: University of Maryland

Years on Senior National Team: 10 (1989-90, 1991-92, 1992-93, 1993-94, 1994-95, 1995-96, 1996-97, 1997-98, 2000-2001)

Began Gymnastics: 1983

Favorite Apparatus/Event: All

Hobbies: Cooking, going to movies, singing, acting

Dawes returned to gymnastics in April of 2000 in an attempt to make her third Olympic Team with longtime coach Kelli Hill.

After the 1996 Olympics, Dawes decided to attend the University of Maryland. She is also pursuing a career in acting, modeling and television production. She has appeared in the Broadway hit *Grease*, in the Disney television show "The Jersey" and in Prince's music video entitled "Betcha By Golly Wow."

Dawes was a member of the 1996 Gold Medal Olympic Team where she also became the first African-American to win an individual event medal with her bronze on floor. She and her teammates appeared on the Wheaties cereal box and have also appeared on numerous television shows since their gold medal win. Dawes has appeared in the Broadway hit *Grease* and in Prince's music video entitled "Betcha By Golly Wow." She's also trying her hand at acting and modeling.

Dawes won the 1996 Olympic Trials and all four events at the [1996 Coca-Cola National Championships](#). A 1992 Olympic Bronze Medalist and a four-time World Championships medalist, she has won more national championships since 1963 (15) than any other athlete, male or female. She swept the 1994 Coca-Cola National Championships, winning the all-around and all four event titles, the first gymnast to accomplish this feat since Joyce Tanac Schroeder won the all-around and all four events at the 1969 AAU National Championships. Dawes won the 1995 Arch McDonald Award, presented by the Touchdown Club of