

Bottle Flipping

How to make a Bottle:

1. Find one (1) empty water or juice bottle.
2. Fill it with water (add food coloring if you want).
3. Seal the top with tape.



How to make the Playing Area:

1. Draw a small circle on the ground; use a paper plate; cut a circle out of paper; use a hula hoop; use a Frisbee; use a ring.

How to play:

1. Each player takes a turn.
2. Hold the **bottle** loosely by the neck, and toss it forward (so the bottom rotates away from you).
3. Try to throw the **bottle** so that it does one (1) complete **flip** and lands upright without falling over.
4. Count how many times you can get the bottle to flip over and land without falling over.
5. Official Bottle Flipping Rule: <https://fibfa.com/pages/rules>