

Skeet Ball for your Feet

Equipment:

1. Ball or rolled up socks, or crumpled paper.
2. Six (6) buckets, pots, pans, bowls, or anything that you can kick a ball into.
3. Make a kicking line with tape, or string, or rope, or rolled up towel.

Set-up:

1. Place the six (6) bowls in a triangle.
2. Place the kicking line 5' away.
3. Assign each line a point value (1st line = 1pt; 2nd line = 5 pts.; 3rd line = 10 pts).

How to Play:

1. Stand behind the kicking line.
2. Kick the ball into the basket of choice.
3. Each round consists of ten (10 turns)
4. Keep track of the points!
5. Try to improve your score with each new round.
6. Play with a partner to see how points you can make together.

1 Point



5 Points



10 Points

