

PAPER PLATE TENNIS

How to make a Tennis Racquet:

1. Place a Stick (ruler, paper towel roll) on one side of the Paper Plate, be sure to have a lot of the stick on the plate.
2. Tape the stick onto the paper plate.

Other Equipment: Balloon (rolled up sock, wad of paper); towel or material to make a net; stands to hold net.



*Picture borrowed from Physical Education Resources

How to play:

- Each player has a tennis racquet.
- Hit the balloon over the net and see how many times you and your partner can keep it in the air without it touching the ground.
- Alternative: 1st player serves over the net, then hit it back and forth. Whoever lets it fall on the ground gives one (1) point to the other player.