

The Macarena:

Music: 1. *Macarena* by Kid's Dance Party
2. *Macarena* by Los Del Rio

Steps: (4 wall line dance, 16 count)

1. Place R arm out in front palm down.
2. Place L arm out in front palm down.
3. Turn R hand palm up.
4. Turn L hand palm up.
5. Place R hand to left shoulder.
6. Place L hand to right shoulder.
7. Place R hand behind head.
8. Place L hand behind head.
9. Place R hand to L hip.
10. Place L hand to R hip.
11. Place R hand to R lower back (or bottom).
12. Place L hand to L lower back (or bottom).
13. Leave hands on back (or bottom) and wiggle, sway, or circle hips 3x.
14. Both feet and legs together, jump in the air and twist body making a $\frac{1}{4}$ turn to the left.
15. Begin Again.