

Rubric for Twist

Assessment: 4=Mastery 3=Proficient 2=Developing 1=Needs Improvement

4	3	2	1
<ol style="list-style-type: none"> 1. Legs & arms move in opposition; in a twisting motion. 2. Follows the leader accurately with no reminders. 3. Does Pony with correct stepping. 4. Does Monkey and Jerk correctly. 5. Adds in all the "Swim" movements. 	<ol style="list-style-type: none"> 1. Legs & arms may occasionally move together but student self corrects. 2. Lag time when following the leader. 3. Does Pony with correct stepping, most of the time. 4. Does Monkey and Jerk correctly, most of the time. 5. Adds in all the "Swim" movements. 	<ol style="list-style-type: none"> 1. No pattern with legs and arms. 2. Challenges following the leaders. 3. Attempts to do the Pony correctly, but it may not be correct stepping. 4. Attempt Monkey and Jerk, some of the time, but cannot maintain it for the 5. Does some of the "Swim" moves, some of the time. 	<ol style="list-style-type: none"> 1. No pattern with legs and arms. 2. Cannot follow the leader or is several beats behind. 3. Does not do the Pony. 4. Does not do the Monkey and the Jerk. 5. Does not do any of the "Swim" moves.